Vocabulary
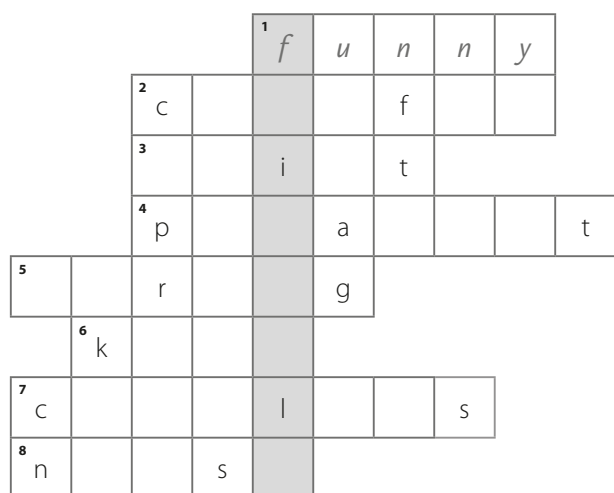
Personal qualities

1 ☆ **Read the clues and complete the crossword to find the mystery word.**

1 Sam makes me laugh. He's really ___*funny*___ .
2 Be _____ when you carry your drink because you might drop it.
3 Eva makes a lot of noise. She is never _____ !
4 When Ali is in a bad mood, he isn't very _____ to other people.
5 This isn't interesting – it's really _____ !
6 My uncle is very _____ – he always does nice things for other people.
7 My little brother is very _____ – he always drops and breaks things.
8 Please stop being so _____ , and be quiet!

Mystery word: I like Karl because he's _____ .

		¹f	u	n	n	y	
²c				f			
³		i		t			
⁴p			a				t
⁵		r		g			
	⁶k						
⁷c			l			s	
⁸n		s					

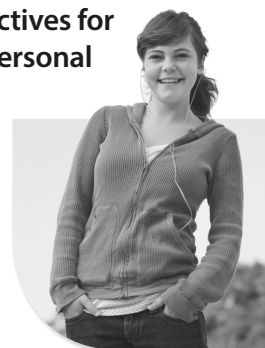**2** ☆☆ **Choose the best adjective to describe each person.**

1 (calm)/creative
   I never get angry or upset.
2 **brave/sensible**
   I'm careful, and I don't do stupid things.
3 **generous/enthusiastic**
   I'm always happy and excited to try new things.
4 **positive/curious**
   I always try to see the good things in a situation.
5 **sociable/reliable**
   You can trust me to do what I say I will do.

3 ☆☆ **Complete the sentences with the adjectives in the box. There are two adjectives you don't need.**

> brave   confident   creative   curious
> generous   ~~patient~~   sociable   talented

1 Just be ___*patient*___ and wait!
2 We've got a very good team, so I'm _____ that we can win the game.
3 My little sister is very _____ – she wants to learn about everything!
4 You spend too much time on your own. You should be more _____ !
5 Dan is never scared – he's really _____ !
6 Sofia was very _____ and bought everyone a pizza!

4 ☆☆☆ ◀)) 1 **Write the adjectives for personal qualities in the personal profile. Listen and check.**

Hi, my name's Tara. I'm a very
1 ___*sociable*___ person
because I love being with other
people. My friends tell me I'm
not very 2 _____ , and it's true – I get quite
annoyed when I have to wait! School is important
to me and I'm 3 _____ , so I always do my
homework on time. I'm quite 4 _____ when
I have money, and I love buying presents for other
people. I always try to be 5 _____ , so my
friends know they can depend on me if they need me.
I love music, and I'm learning to play the guitar. My
teacher wants me to play in a concert next month,
but I don't feel very 6 _____ about playing in
front of other people yet!

5 ☆☆☆ **What qualities do you think you need for these jobs? Complete the sentences with your own ideas.**

1 Police officers need to be _____ because _____ .
2 Sports coaches must be _____ because _____ .
3 Doctors need to be _____ because _____ .

Past simple, past continuous and *used to*

1 ☆ **Complete the table with the words in the box.**

did   didn't   ~~was~~   wasn't   were   weren't

	Past simple	Past continuous
+	We played football.	It **1** ___*was*___ raining. We were laughing.
-	Theo **2** _____ enjoy the film.	I **3** _____ sleeping. They **4** _____ having dinner.
?	**5** _____ you see Chloe yesterday?	What was Ben doing? Where **6** _____ your friends going?

2 ☆☆ 🔊 2 **Choose the correct form of the verbs to complete the blog post. Listen and check.**
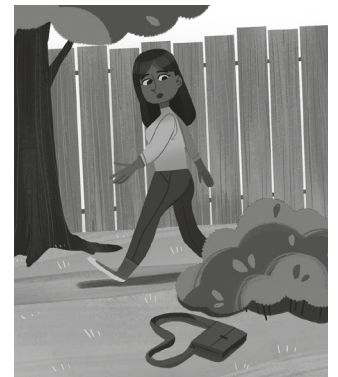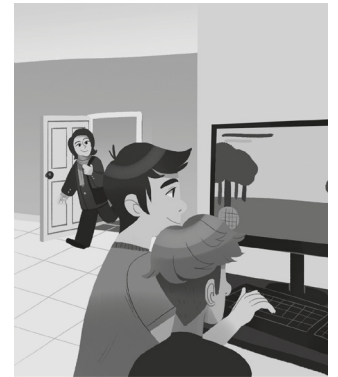
My teenage hero

While I **1 looked/(was looking)** online last week, I **2 was finding/found** Hannah Testa's website. She's an amazing teenager! While she **3 grew up/ was growing up**, she **4 saw/was seeing** the amount of plastic pollution all around her. She could see that adults **5 didn't do/weren't doing** enough to solve this problem, so she **6 was deciding/ decided** to take action herself. She **7 was starting/started** a Plastic Pollution Awareness Day, to make people think about the amount of plastic they throw away, and in 2017 she **8 won/was winning** a Teen Earth Day Hero award from CNN. And she did all this while she **9 studied/was studying** for exams at school! Amazing!

LET'S create a world WHERE our OCEANS DON'T need protecting

3 ☆☆ **Choose the correct option to complete the sentences.**

1 I made lots of new friends ___ money for charity.
  a when I raised   **b** while I raised
  c (while I was raising)

2 It wasn't raining ___ this morning.
  a when we left   **b** while we were leaving
  c while we left

3 ___ Jacob, he was chatting to Eva.
  a While I saw   **b** While I was seeing
  c When I saw

4 ___ for the bus, I checked my phone for messages.
  a When I waited   **b** While I was waiting
  c While I waited

4 ☆☆☆ **Look at the pictures. Complete the sentences with the correct form of the verbs in the box and *when* or *while*.**

arrive   ~~cycle~~   not do   fall
find   start   stop   walk

1 Mia ___*was cycling*___ to her friend's house _____ she _____ off her bike.

2 _____ Mum _____ home, Liam and George _____ their homework!

3 We _____ our game of rugby _____ it _____ to rain.

4 Sasha _____ a bag _____ she _____ through the park.

5 ☆☆☆ **Write about three things that happened to you. The things can be real or imaginary. Use *when* and *while*, and use the past simple and past continuous. You can use the ideas in the box or your own ideas.**

do my homework/fall asleep
wait for the bus/find a bag
walk home/meet a celebrity
watch TV/see someone I know

_____

_____

_____

_____

Verb and noun collocations: helping others

1 ☆ **Match 1–8 with a–h to make phrases.**

1	start	**a**	money
2	raise	**b**	an award
3	win	**c**	society
4	support	**d**	a campaign
5	change	**e**	knowledge
6	achieve	**f**	a difference
7	gain	**g**	a goal
8	make	**h**	other people

2 ☆☆ **Match definitions 1–5 with the phrases in the box. There are two extra phrases.**

achieve a goal   gain knowledge
make a difference   raise money
sign an online petition   start a campaign
win an award

1 to do something that you want to do
achieve a goal

2 to learn more about something _____

3 to add your name to a list of people who support an idea _____

4 to get a prize for something good that you did
_____

5 to help other people in some way _____

3 ☆☆ **Complete Amy's goals for the new school year with the verbs in the box.**

achieve   change   ~~encourage~~
gain   make   start

My goals for the new school year

1 Always try to be kind to my friends and
___encourage__ them.

2 Try to _____ more knowledge about
problems in the world.

3 _____ an online petition about an
environmental issue.

4 Try to _____ a difference in my
community.

5 Support people who want to _____ the
world to make it better.

6 Work hard to _____ all my goals!

4 ☆☆☆ **Complete the phrases in the dialogue.**

Look at these plans to build houses on our park. Can you believe it?

That's awful! Everyone uses the park! Do you think we should **1** ___start___ a campaign to save it?

There's one already, and there's an **2** _____ petition. I think we should definitely **3** _____ it.

Good idea! What else can we do?

Well, they need money to make some leaflets.

Cool. We could have a bake sale to **4** _____ some money, and we could **5** _____ our friends to do the same.

Yes. We need to do everything we can to help the campaign achieve its **6** _____ of keeping the park open!

5 ☆☆☆ **Answer the questions for you.**

1 How could you raise money for a local charity?

_____

_____

2 What goals do you want to achieve this year?

_____

_____

3 What is the best way to gain knowledge about what is happening in the world?

_____

_____

Subject and object questions

1 ☆ **Are the questions S (subject) or O (object) questions?**

1 What inspired you to start the campaign? _S_
2 Who do you want to help? ___
3 Who encourages you to work hard at school? ___
4 What do you want to do now? ___
5 Who do you try to influence? ___
6 Who thinks it is important to help other people? ___

2 ☆☆ **Look at the pictures and complete the questions in the dialogues.**

a

Who helped you **(who/help)** clean up the beach?

All my classmates helped me.

_____ **(what/find)**?

We found lots of old plastic!

b

_____ **(what/sell)** to raise some money?

I sold some of my old computer games.

_____ **(who/buy)** them?

Some of my friends bought them.

c

_____ **(who/win)** the award?

Jess won it. She was really happy.

_____ **(what/win)** ?

She won a medal and £500!

d

_____ **(what/happen)** to you last night?

I hurt my arm while I was skateboarding.

_____ **(who/call)** ?

I called my dad.

3 ☆☆☆ **Complete the questions in the dialogue.**

Milena Sorry I left the campaign meeting early. I met some friends in town.

Kobe Oh, **1** _who did you meet_ ?

Milena I met Anya and Sam. We went to a café for lunch.

Kobe Nice. **2** _____ to eat?

Milena I had a pizza. It was great, and it didn't cost me anything.

Kobe Really? **3** _____ it?

Milena Sam paid for it. He got some money for his birthday, so he invited us. Then we went to the cinema. But the film was awful!

Kobe Oh, dear. **4** _____ the film?

Milena Anya chose it, but it was a mistake. Luckily, someone called me in the middle of the film, so I had to go out.

Kobe Ha ha. **5** _____ ?

Milena It was Matt. He called to ask me to give some old things to raise money for an animal charity, so I said yes.
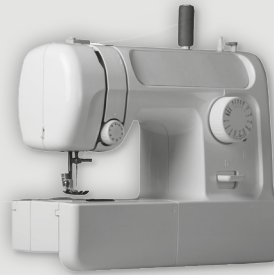
Kobe That was nice of you. **6** _____ ?

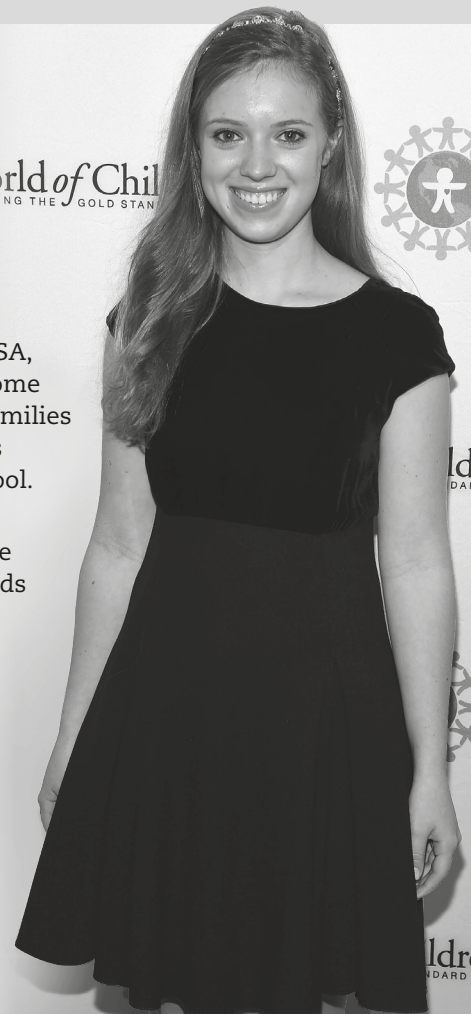**Milena** I gave my old skateboard. It's a really good one, but I don't use it now.

An article

From headbands to education for all

Mary Grace Henry is an amazing teenager. While she was growing up in the USA, she learnt that education is very important. She read about the problems in some African countries, where many girls don't go to school. This is because their families are poor, and because some traditional cultures don't believe that education is important for girls. Mary Grace decided to raise money to send one girl to school.

At first, she wasn't sure how to raise money. Then, one day, her dad gave her a headband as a gift. The headband soon broke, and Mary Grace had an idea. She asked for a sewing machine for her birthday, and she started making headbands to sell at her school.

The headbands were popular, and Mary Grace soon raised enough money to achieve her first goal of sending one girl to school. She realised that she could do more, and decided to continue. She started a business called Reverse the Course. Soon her goal changed to sending 100 girls to school.

Reverse the Course became a successful business. It made and sold hundreds of headbands and other hair accessories. Students helped her with the sewing. All the money went to helping girls in Africa. In 2014, Mary Grace won an award for her work. She also travelled to Africa to meet some of the girls she helped. This made her even more determined to continue helping others. Reverse the Course helped 123 girls to receive an education before it ended in 2018.

▶ **Subskill: Skimming**

When you read a text quickly for the general meaning, don't worry if you don't understand every word. Keep reading to the end, and just think about the main message.

1 ☆ **Read the Subskill. Then read the article quickly and choose the best title.**

   a Why fashion is important

   b Making a difference to other people's lives

   c How a visit to Africa inspired a business

2 ☆☆ ◀))3 **Read and listen to the article again. Choose the correct answers.**

   1 Mary Grace Henry …

     a lived in Africa when she was young.

     b didn't enjoy her own education.

     c learnt about how difficult life was for girls in Africa.

   2 Many girls in Africa …

     a don't believe that education is important.

     b can't go to school for various reasons.

     c have a lot of problems at school.

   3 Mary Grace got the idea for her business …

     a because of a present she received.

     b after she got her sewing machine.

     c when she saw some headbands at school.

4 When Mary Grace started selling headbands …

   a she didn't raise any money.

   b a lot of people liked them.

   c other people encouraged her to do more.

5 What inspired Mary Grace to continue her work?

   a winning an award

   b her visit to Africa

   c the need to earn money for herself

6 What do we know about Mary Grace's business now?

   a It now makes other things as well as headbands.

   b It changed the lives of more than a hundred girls.

   c Only some of the money from the company helped girls in Africa.

3 ☆☆☆ **Answer the questions. In questions 4 and 5, you need to write your own opinion.**

   1 What was Mary Grace's first goal?

   2 Why did Mary Grace ask for a sewing machine for her birthday?

   3 Why did Mary Grace's goal change?

   4 Why do you think Mary Grace started with a small goal?

   5 How do you think Mary Grace felt when she met some of the girls she had helped?

A radio programme

▶ **Subskill: Prediction**

Read the questions and different options before you listen, and ask yourself what you might hear in the listening.

1 ☆ **Read the Subskill. Then read the task in exercise 2 and guess what the radio programme is about.**

  a a discussion about the advantages and disadvantages of being famous

  b tips about how to make a difference and inspire other people

  c personal stories about meeting inspiring people

2 ☆ 🔊 4 **Listen to part of a radio programme. Match people 1–4 with their advice a–d.**

1 Yash Gupta ___

2 Walt Disney ___

3 Didier Drogba ___

4 Felix Finkbeiner ___

  a don't give up after failing

  b start small

  c use your personal experience for ideas

  d use your talents to help other people

3 ☆☆ **Listen again. Are the sentences T (true) or F (false)?**

  1 Yash Gupta needed his glasses to study.   *T*

  2 Yash started to raise money to help people in poorer countries to buy glasses. ___

  3 Didier Drogba now plays football in Ivory Coast. ___

  4 Felix Finkbeiner started by planting a lot of trees. ___

  5 Felix's organisation has planted trees in lots of countries. ___

4 ☆☆☆ **Answer the questions. In questions 4, 5 and 6, you need to give your own opinions.**

  1 What happened to Yash Gupta when he broke his glasses?

  He couldn't study.

  2 Why didn't people like the idea of Mickey Mouse?

  3 Why did Felix think it was important to plant trees?

  4 What difference do you think Yash Gupta makes to young people's lives?

  5 Why do you think Felix wanted to encourage children to plant trees, rather than adults?

  6 Which tip do you think is the most useful? Why?

Giving an opinion

1 ☆ **Choose the correct word to complete the phrases.**

  1 What did you **think**/**felt** of the trip?

  2 **Won't/Don't** you think that it was a bit boring?

  3 **How/What** do you reckon?

  4 In my **opinion/idea**, the tickets are too expensive.

  5 **I/I'm** reckon that Jo would love this!

  6 I loved it! I thought it was **terrible/awesome**!

  7 I didn't enjoy it at all. It was really **awful/amazing**!

2 ☆☆ 🔊 5 **Complete the dialogue with the phrases in the box. There are two phrases you don't need. Listen and check.**

> Didn't you think   fantastic   I thought
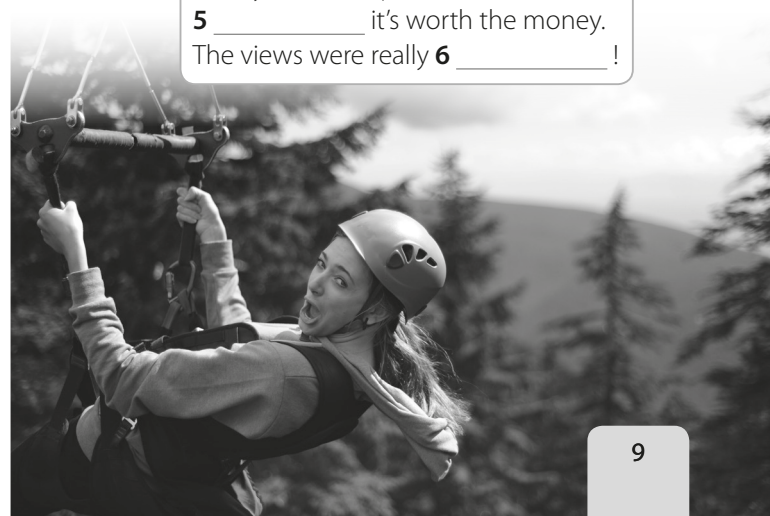> my opinion   terrible   ~~What did you think~~
> What do you reckon   you ask me

1 *What did you think* of the zip wire?

2 _____ it was incredible!

3 _____ it was a bit quick? If **4** _____ , it's too expensive for something that only lasts about a minute!

Well, yes, it was quick, but in **5** _____ it's worth the money. The views were really **6** _____ !

9

A profile

1 ☆ **Complete the sentences with the words in the box.**

> although   because   so

1 A lot of teenagers think they can't make a difference _____ they are too young.
2 We wanted to help people after the earthquake, _____ we started raising money for them.
3 _____ our school is quite small, we raised over $2,000.

2 ☆☆ **Join the sentences with the words in brackets.**

1 She has her own company. She is still a student. **(although)**

_____

2 I'm going to sign the online petition. I think this is an important issue. **(because)**

_____

3 The children have no books. They can't study. **(so)**

_____

3 ☆☆☆ **Read the notes. Write a profile using** *although*, *because* **and** *so*.

Patricia Manubay

believed education was very important

wanted to help children from poor families – didn't always have books, pens etc. needed for school

set up the organisation Dream Boxes

people donate things kids need for school

sends them to students who need them

Super skills

CRITICAL THINKING

SUPER SKILLS

Verbal and non-verbal communication

Match 1–6 with a–f to give advice on good communication skills for presentations.

1 You need to speak   a look at the ground.
2 You should make   b enough.
3 Don't cross   c your arms.
4 Remember   d to sit up straight.
5 You shouldn't   e good eye contact.
6 You didn't smile   f loudly and clearly.

Vocabulary review

Personal qualities

1 Read what two people say about their dream jobs. Choose the correct words to complete them.

A: I hope to be a ski-instructor one day. To learn how to ski, it's important to be **1 curious/patient** and not get upset when you can't do something. You must stay **2 sensible/calm** and keep trying. I thought you had to be **3 careless/brave** to go fast down the mountains, but it isn't really very scary once you can ski. But you do have to be **4 careful/reliable** and stay on the parts of the mountain that are safe.

B: My dream job would be to design computer games. Of course, you have to be **5 creative/positive** because every new game needs new ideas. Game designers usually work in teams, so they need to be **6 curious/sociable**. It isn't a good job for people who are **7 quiet/noisy** and like being on their own. They also need to be **8 unfriendly/reliable**, so everyone in the team can depend on them.

Helping others

2 Choose the correct option to complete the forum posts.

Can teenagers 1 ___ a difference in the world? Tell us what you think!

Yes, I think they can. I **2 ___** a campaign in my football club to help children with disabilities to play football. Over 300 people **3 ___** my online petition, and we've started a new team! **Mateo, Spain**

We don't have any power or money, so I think the best thing we can do is study, to **4 ___** knowledge about the problems of the world. Then, when we're older, we can start working to **5 ___** our goals. **Trish, USA**

Of course! If we work together and **6 ___** each other, kids can really **7 ___** the world! **Cristiano, Brazil**

1 **a** do   **b** make   **c** have
2 **a** started   **b** made   **c** got
3 **a** started   **b** wrote   **c** signed
4 **a** gain   **b** learn   **c** take
5 **a** win   **b** achieve   **c** arrive
6 **a** decide   **b** support   **c** rely
7 **a** change   **b** encourage   **c** gain

Grammar review

Past simple and past continuous

1 Read the letter to a magazine. Complete it with the correct form of the verbs. Use the past simple or past continuous.

Teenage heroes!

We asked our readers to tell us about why they decided to take action.

A few months ago, I **1** _was watching_ **(watch)** TV at home when I **2** _____ **(see)** a programme about elephants dying in Africa. I felt really sad, so I **3** _____ **(start)** raising money to help save them. While I **4** _____ **(put)** up a poster one day, some of my classmates **5** _____ **(ask)** me what it was for. When I **6** _____ **(explain)**, they **7** _____ **(promise)** to help too. Now we organise lots of events and regularly send money to an elephant charity.

Ana Oliveira

Subject and object questions

2 Complete the questions in the mini-dialogues.

1

Who _did you ask_ **(ask)** to help you with the campaign?

I asked Adam and Ellie.

2

Who _____ **(see)** at the cinema?

Paula saw me there.

3

Who _____ **(send)** the information about the petition?

Clara sent it to me.

4

What _____ **(do)** to help advertise the event?

I made some posters.

5

Who _____ **(send)** the information to?

I sent it to all my friends.

Round-up

Complete the article with one word in each space.

Becoming a RAKtivist!

I **1** _____was_____ walking home from school last week **2** _____ I saw something amazing! A woman got off the bus with her shopping, but she had too **3** _____ bags to carry. **4** _____ I was watching and thinking about what to do, a teenager walked up to the woman and offered to help. The teenager **5** _____ know the woman – he just wanted to help. It really made me think! We see situations like this **6** _____ day, where someone needs a bit of help. But what **7** _____ we do? Usually nothing! It doesn't take very **8** _____ time or effort to do something kind. A random act of kindness (or RAK for short) is something kind that you do to help someone you don't know. And a RAKtivist (like me) is someone who does this. So **9** _____ do I help? Well, anyone I can, usually in small ways, like opening a door for them or giving them my seat on the bus. The **10** _____ amazing thing about being a RAKtivist is that you meet a **11** _____ of people, and you make their lives just a little bit better.

Self-evaluation

Read the objectives for this unit. How well can you do each one? Put a tick (✔).

	😀	😐	🙁
1 I can describe people and talk about their personal qualities.	☐	☐	☐
2 I can use collocations to talk about helping people.	☐	☐	☐
3 I can use the past simple and past continuous with *when* and *while*.	☐	☐	☐
4 I can use subject and object questions.	☐	☐	☐
5 I can read an article for gist.	☐	☐	☐
6 I can follow a radio interview.	☐	☐	☐
7 I can give my opinions and ask other people's opinions.	☐	☐	☐
8 I can write a profile of a person and use the conjunctions *because, so* and *although*.	☐	☐	☐

If you choose 🙁 , ask your teacher for extra help.