

3 A healthy life

Story time



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Is salad healthy? Yes.

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Is milk healthy?
Yes.



Is this sweet healthy?
No.





4



I like bananas.

5



I like nuts.

6



Clever parrot!



Lesson 1

1. Listen and repeat.
Then point and say.



picnic



salad



meat



milk



sweet



orange



nuts

2. Chant: *I like salad*

3. Point and say.

He has ...

She has ...

4. Listen and repeat.

13, 14

5. Game: *Run and say*

I like ...

I don't like ...

Lesson 2

1. Listen and repeat.

A: *Is ... healthy?*

B: *Yes, it is./No, it isn't.*

2. Listen. Show you understand.

3. Story: *Healthy food*

4. Look and read.

5. Song: *Healthy food*



Song time



MUSIC NOTE

1



2



3



MUSIC NOTE

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MUSIC NOTE



4



MUSIC NOTE




Lesson 3

1.  Listen, point and say.
2. Write the missing letters.
3.  Song: *The cat on the mat*
4. Art: *Cut and stick*
5. Game: *Listen and jump*

Lesson 4



breakfast

1.  Listen and repeat.
Then point and say.



cereal



bread



cheese



burger




fish



potato



carrot

2.  Listen. Show you understand.

3.  Listen and repeat.

4. Game: *I eat salad for lunch*

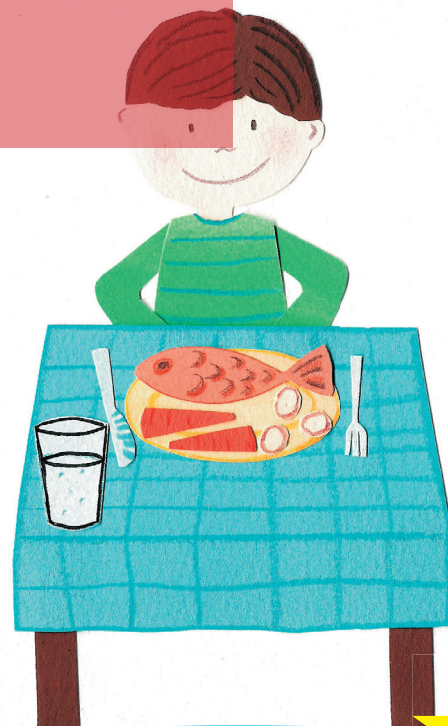
5. Art: *My meals*

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lunch

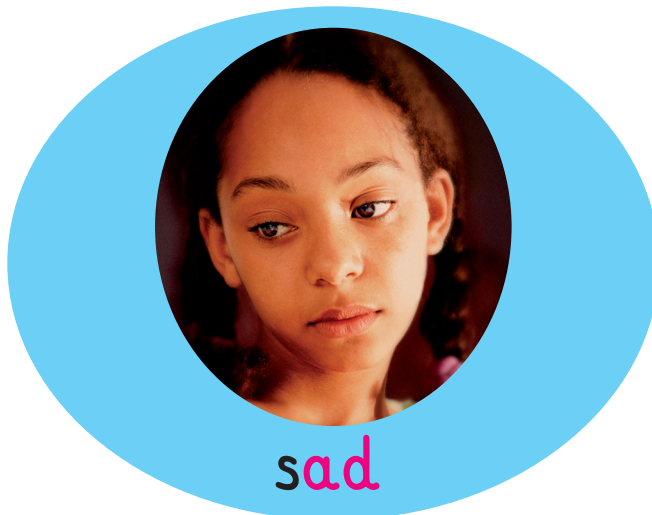


dinner





dad



sad





van

fan



Lesson 5

1.  Listen, point and say.
2. Game: *Mixed-up words*
3.  Poem: *Look at my dad*
4. Game: *Mystery words*
5. Game: *Rhyme snap*

Exercise time!



1



2



3



4



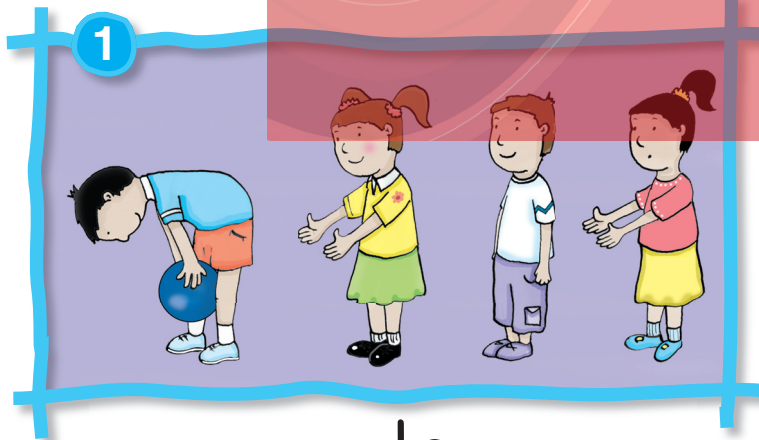
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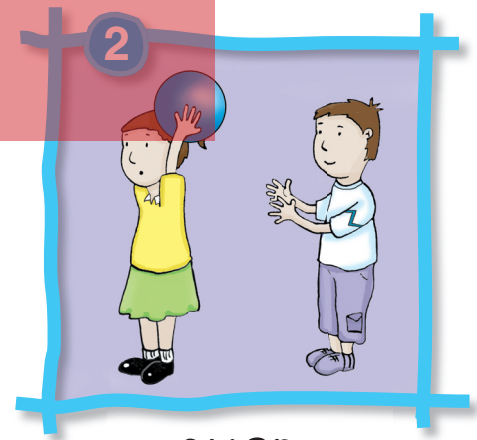
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under



over

Lesson 6

1. Listen and repeat. Then point and say.
2. Song: *Children, children, turn around*

3. Sing and do.
4. Game: *Under and over*
5. Game: *Catch the ball*

