Contents

	LESSON • OBJECTIVES	GRAMMAR	VOCABULARY	PRONUNCIATION	READING • LISTENING	SPEAKING • WRITING
U1	ARRIVALS					
1.1	People and places (p2) Talk about countries and nationalities	present simple <i>be</i> : positive and negative	countries and nationalities	syllable stress	listen to people meeting for the first time	introduce yourself say where you are from
1.2	Where are you? (p4) Ask and answer questions about a place	present simple <i>be</i> : questions	big numbers	similar numbers	read text messages about a city listen to someone talking about a city	talk about distances describe a place
1.3	What's in your bag? (p6) Talk about everyday items	a/an and plural nouns; this, that, these, those	everyday items	vowel sounds: /ɪ/, /æ/, /iː/, /əʊ/	listen to a conversation at an airport read an article about hand luggage KEY SKILL Reading for gist	SPEAKING HUB talk about what's in your bag
1.4	Café Hub Good morning (p8) Greet people and make introductions		greet people and make introductions	word stress	watch someone introduce a friend	give a personal presentation
	UNIT REVIEW p10	WRITING (p160) F	ill in a form with perso	onal details KEY SK	ILL Capital letters	-
U2	PEOPLE					
2.1	Family (p12) Talk about your family	possessive adjectives and apostrophes	family	/ə/ˈschwa'	read an article about a famous family	talk about famous families describe your family tree
2.2	The same, but different (p14) Talk about appearance	have/has got	describing appearance	contracted have	read an article about family appearance listen to someone describing their brother	describe a family member's appearance compare and contrast family members
2.3	Friends (p16) Describe family members and friends	using adjectives	personality adjectives	syllable stress: adjectives	listen to a conversation about university friends read an email about flatmates KEY SKILL Reading for organisation	describe someone's personality SPEAKING HUB choose a flatmate for a friend
2.4	Café Hub Café chaos (p18) Make and respond to requests		make and respond to requests	stress and intonation	watch someone order food in a café	order in a café
	UNIT REVIEW p20	WRITING (p161)	Vrite an email to a frie	nd KEY SKILL and,	but and or	
U3	DAYS					
3.1	A typical day (p22) Talk about daily routines	present simple positive	everyday activities	third person -s	listen to a radio interview about a typical day	talk about someone's typical day talk about jobs and routines
3.2	All day, every day (p24) Discuss daily activities	adverbs of frequency	prepositions of time	word stress	read about daily essentials listen to people talk about screen-free week	talk about how often you do things list your top ten daily essentials
3.3	A special day (p26) Describe a special day	present simple negative	big celebrations	sentence stress	read a blog post about a festival listen to a conversation about big celebrations KEY SKILL Listening for detail	SPEAKING HUB give a short presentation about a special day
3.4	Café Hub Finding Neena (p28) Make and respond to suggestions		make and respond to suggestions	stress and intonation	• watch people making and responding to suggestions	make plans with your classmates
	UNIT REVIEW p30	WRITING (p162)	vrite a blog post abou	t your day KEY SKI	LL Sequencing words	

	LESSON • OBJECTIVES	GRAMMAR	VOCABULARY	PRONUNCIATION	READING • LISTENING	SPEAKING • WRITING
J4	WORK AND EDUCATION	N				
	What do you do? (p32) Talk about jobs	present simple <i>yes/no</i> questions; short answers	work and jobs	linking sounds: <i>do/</i> <i>does</i>	read an interview about someone's job	talk about your job ask questions to guess someone's job
	Good job! (p34) Talk about the perfect job	have to / don't have to	time expressions	connected speech: have to	read an article about good and bad jobs listen to a conversation about someone's job	talk about the pros and cons of a job talk about the perfect job
.3	Learn something new (p36) Talk about adult education and career development	question words	education collocations	word stress: questions	read an FAQ page about a distance learning university listen to a conversation at a careers fair KEY SKILL Listening for gist	talk about education in your country SPEAKING HUB plan a course for adults who want to retrain
.4	Café Hub Busy day (p38) Ask for someone and leave a message		ask for someone and leave a message	stress and intonation	• watch someone leaving a message with a receptionist	talk on the phone
	UNIT REVIEW p40	WRITING (p163) W	/rite an email asking	for information KEY	SKILL Punctuation: question marks	, commas and full stops
J5	PLACES					
i.1	There's no place like home (p42) Describe a home	there is/are	rooms and furniture; prepositions of place	/b/ , /d/ and /g/	listen to a conversation about a house swap	talk about your home write an advert for a house swap
5.2	My neighbourhood (p44) Describe a neighbourhood	can	places in a town or city	weak forms: <i>can/</i> <i>can't</i>	read online comments about a neighbourhood	talk about what makes a good neighbourhood talk about your neighbourhood
i.3	Amazing buildings (p46) Describe an interesting building	imperatives	adjectives to describe the appearance of things	word stress: adjectives	read an article about interesting buildings KEY SKILL Reading for specific information	practise giving instructions SPEAKING HUB describe famous buildings
.4	Café Hub Moving in (p48) Ask for and give directions		ask for and give directions	stress and intonation	• watch someone asking for directions in the street	tell someone how to get somewhere
	UNIT REVIEW p50	WRITING (p164) W	/rite a description of	a place KEY SKILL U	lsing adjectives	
6	THAT'S ENTERTAINMEN	IT				
	Let's go out (p52) Talk about likes and dislikes	likes and dislikes	entertainment	word stress: noun patterns	read a city guide about events	talk about your free time talk about your likes and dislikes
.2	It was fun (p54) Talk about entertainment in the present and the past	was/were	past time expressions	weak forms: <i>was/</i> <i>were</i>	listen to a conversation about TV	talk about TV talk about entertainment now and in the past
	Life stories (p56) Talk about your life	past simple regular and irregular verbs	life events	past simple regular endings	read an article about inspiring people KEY SKILL Scanning for names	talk about what you did last yea SPEAKING HUB describe important events in your life
	Café Hub Love hate (p58) Ask for and give opinions		ask for and give opinions	stress and intonation	watch a group of friends talking about music	make a playlist for a road trip
	UNIT REVIEW p60	WRITING (p165) W	/rite a review of an e	vent KEY SKILL Usin	g narrative sequencers	
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Setting around (p62) Could transport in array Array Setting around (p62) Could transport in a city and around the city around in a city and around the city around in a city ar	LESSON • OBJECTIVES	GRAMMAR	VOCABULARY	PRONUNCIATION	READING • LISTENING	SPEAKING • WRITING
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2 [04] megative journey lat year galay a transport vocabulary galay a transport vocabulary meaning of unknown words SPEAKING UID service 3 Talk about a journey past simple questions web phraces connected speech web phraces Isten to a conversation about meaning of unknown words SPEAKING UID service 3 Talk about a loiding past simple questions web phraces connected speech meaning of unknown words SPEAKING UID service 4 Crieck in and out of a hotel check in and out of a hotel of a hotel gestions web phraces 5 Crieck in and out of a hotel countable and mony some and add food and drink mony some and add plurals listen to a conversation about adds talk about diets discuss boot habits 6 FOD AND DENIX countable and mony some and add food and drink mony some and adds plurals listen to a conversation about adds talk about diets discuss boot habits 7 Talk about the food your and cicks much, many, add cicks consortant clusters rest an antice about food burring set an advert about a food add the world 8 FORCKNUP much, many, and cicks consortant clusters rest an advert about a food burring set an advert about a food burring 9 StopENING grant the no add cicks food food in a restaurant restaurant	.1 Talk about transport in	could	transport	/eɪ/ and /əʊ/		talk about transport in a city yo
(p60) Tak about a holday guestions guestions answart ip meaning of unknown words tal a story about an unucual firmy holday 2 Café Hub New York (668) Check in and out of a hold check in and out of a hold intornation in questions Importantion in questions Importantion in questions intornation in questions and out of a hold akk and answer questions at hold 8 FOOD AND DBINK countable and noung york countable and guestions food and drink guestions plurals listen to a conversation about a clieft story bout an unucual method you are drink about the food you of a hold countable and guestions food and drink guestions plurals listen to a conversation about a clieft story bout are drink about the food you gather k deit compare diets in other coun interview you patter k deit 9 Tak about the food you family asts much, many, elf of alk about the food you gather k deit containers short and long you'l sounds read an arbitet about a food guestions compare diets in other coun interview you gather k deit 3 Tak about the food you family asts much, many, elf of alk about in estaurant consenant clusters read an arbitet about a food guardes SPEANING HUB present a tecpo 9 SHO FPING guestions on instronation describe someone in a pictu instronation describe someone in a pictu instronation describe someone in	. 2 (p64)		travel phrases	word stress: cities		play a transport vocabulary
Image: A provide (pSp) of a hotel questions and out of a hotel hotel Image: A provide (pSp) WRITING (g166) Write a short article about a travel experience. KEY SKILL So and Decouse Image: A provide (pSp) Countable and out of a hotel listen to a conversation about a detection addition a detection additind about detection additend about detection addition a detection a	(p66)	• •	verb phrases	connected speech	unusual trip KEY SKILL Guessing the	tell a story about an unusual or
B FOOD AND DRINK Immungy[[p?2] Talk about the food you at countable and uncountable any food and drink uncountable any plurals listen to a conversation about a diet talk about tiefs discuss food habits Vhat we eat (p?4) Talk about the food you amuch, many, at load much, many, al of of containers short and long yowel sounds read an article about food around the world compare diets in other coun interviewy your partner abou their diet write a paragraph about you partner stolet 3 Talk about the food your family eats alan, the, no article food preparation article consonant clusters read an advert about a food business KEY SKILL Decoding SPEAKING HUB present a recipe 3 Talk about ingredients and recipes alan, the, no article order food in a restaurant stress and intonation order food stress well sounds sk and answer questions to order food 4 More cheese (p78) Order food in a restaurant order food in a restaurant stress and intonation order food ask and answer questions to order food 9 SHOPPING present simple vahat people are doing present time continuous for dothes /3z/ listen to a conversation about clothes talk about interesting clothe talk about you risopping habits and tastes 1 People watching (p82) O at different tim	.4 New York (p68) Check in and out of a					ask and answer questions at a hotel
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4 More cheese (p78) Order food in a restaurant restaurant intonation meal in a restaurant order food 9 SHOPPING People watching (p82) Talk about clothes and what people are doing present continuous clothes /3:/ listen to a conversation about clothes talk about interesting clothe talk about what you're doing describe someone in a pictu 2 Job swap (p84) Talk about what people do at different times present simple vs present continuous present time expressions /ŋ/ listen to an announcement read social media posts about job swaps talk about you're doing describe someone in a pictu 3 Shop till you drop (p86) habits and tastes object pronouns shops and services /ʧ/ and /ʃ/ read an article about marketing a business KEY SKILL Reading for genre talk about clothes in a shop for clothes 4 Café Hub Meeting Milly (p88) Shop for clothes shop for clothes connected speech for clothes ovach someone shopping for clothes talk about clothes in a shop	Talk about ingredients		food preparation	consonant clusters	business	
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22 Talk about what people do at different times vs present continuous expressions read social media posts about job swaps talk about your life now and general interview your partner about their job/studies 23 Shop till you drop (p86) object pronouns shops and services /tj/ and /j/ read an article about marketing a business talk about your shopping preferences 33 Talk about shopping habits and tastes object pronouns shops for clothes connected speech watch someone shopping for clothes talk about clothes in a shop 4 Café Hub Meeting Milly (p88) Shop for clothes shop for clothes connected speech watch someone shopping for clothes talk about clothes in a shop	.1 Talk about clothes and	•	clothes	/3ː/		talk about interesting clothes talk about what you're doing describe someone in a picture
3 Talk about shopping habits and tastes a business KEY SKILL Reading for genre preferences SPEAKING HUB conduct a survey about shopping habits 3.3 Café Hub Meeting Milly (p88) Shop for clothes shop for clothes connected speech for clothes watch someone shopping for clothes in a shop for clothes	Talk about what people	vs present		/η/	read social media posts about	talk about your life now and in general interview your partner about
Meeting Milly (p88) Shop for clothes	Talk about shopping	object pronouns	shops and services	/ tʃ / and /ʃ /	a business	preferences SPEAKING HUB conduct a survey about
	Meeting Milly (p88)		shop for clothes	connected speech		talk about clothes in a shop
UNIT REVIEW p90 WRITING (p168) Write a social media post KEY SKILL Checking your work			/rito a cosial y!!-		king your work	

	LESSON • OBJECTIVES	GRAMMAR	VOCABULARY	PRONUNCIATION	READING • LISTENING	SPEAKING • WRITING
10	THE GREAT OUTDOORS					
0.1	The right location (p92) Talk about and compare outdoor places	comparatives	landscape features	weak forms: /ə/ in <i>than</i>	listen to an interview about film locations	talk about the landscape in you country compare countries, landscapes or films
0.2	Where on Earth? (p94) Talk about places around the world	superlatives	seasons and weather	/əʊ/ and /aʊ/	read an article about extreme places	talk about weather in your country complete a geography quiz
0.3	Survival (p96) Talk about living outdoors	verb + to + infinitive	phrasal verbs	weak forms: /tuː/ and /tə/	read an article about surviving in the wild listen to an interview with a survival expert KEY SKILL Identifying fact and opinion	rank survival items by importance SPEAKING HUB write a survival plan
0.4	Café Hub Party invitation (p98) Make and respond to invitations		make and respond to invitations	stress and intonation	watch a group of friends inviting people to a party	make plans with your classmat
	UNIT REVIEW p100	WRITING (p169)	Write a product review	KEY SKILL Adverb	s of manner	
11	THE BODY					
1.1	Health tips (p102) Talk about the body and health	should and shouldn't	the body	sentence stress	listen to a conversation about health tips	discuss healthy/unhealthy activities practise giving advice
1.2	In it to win it (p104) Talk about your experiences	present perfect	irregular past participles	past participles	read an article about a TV show	interview your classmates about their life experiences
1.3	Move it (p106) Talk about sports and hobbies	present perfect vs past simple	sports	contractions	read a text about an ultra-runner KEY SKILL Understanding the sequence of past events	discuss extreme sports SPEAKING HUB interview your classmates about sports and hobbies
1.4	Café Hub Get fit (p108) Ask for information		ask for information	stress and intonation	watch someone booking a yoga lesson	ask for information about a clas and book lessons
	UNIT REVIEW p110	WRITING (p170)	Write a recommendati	on on a forum KEY	SKILL Adding information with too	, also and as well
12	MODERN LIVES					
2.1	Life's too busy (p112) Talk about future plans	going to	future time expressions	<i>going to</i> : weak and strong <i>to</i>	listen to a conversation about being organised	discuss time management talk about future plans and intentions
2.2	Everything will be shiny (p114) Make predictions	will for predictions	collocations with get	contractions: '//	read an article about life in the future	make predictions about the world in 2050
2.3	Communication (p116) Talk about social media habits	might	internet communication	diphthongs	listen to people talking about social media KEY SKILL Predicting	SPEAKING HUB interview your classmates about their social media use
2.4	Café Hub Party time (p118) Show interest in something		show interest in something	stress and intonation	watch friends giving compliments, responding to bad news and apologising	make small talk at a party and give compliments